

PE and Sports Uniform Policy



HEARTS ACADEMY TRUST

Agreed: July 2019
To be reviewed: June 2021

PE and School Sport Kit Policy.

At Briscoe Primary School and Nursery, we recognise Physical Education (PE) as a key area of learning within the National Curriculum. Physical activity is integral to the good health of our children and thus, suitable PE kit is essential in ensuring that pupil access the PE Curriculum to its potential, and participate safely and comfortably in physical activity at School. We believe that a uniform kit encourages our children to have a sense of belonging to a community and promotes a feeling of pride and equality.

ALL pupils should bring their PE kit to class even if they are not going to be actively involved as a performer. If a pupil is injured or unwell, a signed note from the parent or guardian must be provided to the teacher at the start of the lesson. Pupils who are excused will still need to change into PE kit as they will be involved in the learning process through the role of a coach, umpire, referee or leader.

Briscoe Primary School & Nursery PE Kit is compulsory and consists of:

- White PE T-shirt
- Navy/Black PE shorts
- Black plimsolls (Indoor)
- Sports trainers optional (Outdoor)
- Black/ navy jogging Bottoms/Leggings (for cold weather)

During the second half of the Autumn term (October half term – Christmas) and the first half of the Spring term (Christmas – February half term), children **MUST** have tracksuit bottoms and a sweatshirt in school. We aim to go outside in all weather conditions so it is important that children are appropriately dressed to participate in their PE lessons.

Tights may not be worn underneath PE shorts or tracksuit bottoms so please ensure your child also has a pair of socks in their PE bag if necessary.

If your child forgets their PE kit, the first and second time they will be allowed to take part in PE wearing a PE kit provided by the school. The school has 2 spare PE kits per year group, which will be handed out on a first come, first served basis. If your child forgets their PE kit for a third time, a letter will be sent home and parents/guardians will be called and expected to bring a PE kit up to school.

It is the right of a child to take part in physical activities and it is a crucial part of the National Curriculum, therefore if a child continuously fails to bring a full PE kit into school this will be brought to the attention of the Head Teacher who will take appropriate action.

Jewellery

All jewellery must be removed for PE. If a student has newly pierced ears (i.e. 6 weeks or less) then they will not be able to take part in the lesson as a performer but will still be required to change into PE kit as they will be expected to observe the lesson and write a review.

We would ask that all parents refrain from piercing their child's ears during term time to avoid missing PE lessons. If your child wishes to have their ears pierced this should be done at the beginning of the summer holidays.

Long hair must be tied back in order to prevent entanglement in apparatus and to prevent it obscuring vision.

Swimming

All of our Year 5 children will participate in swimming lessons for the entire year (38 weeks). When your child's class is swimming, please ensure they have:

- A swimming costume or swimming trunks (no bikinis please)
- A towel
- The swimming hat provided by the school at their first lesson
- Swimming goggles are optional

Clubs

To ensure children always have their PE kit in school, we ask that they wear their own sports clothes to any extra-curricular clubs. If they do not bring appropriate clothes to wear, then they will be unable to participate in the lesson as a performer but can observe.

Additional Football Club requirements:

- Shin Pads
- Football Boots (First team – Non-negotiable)

Thank you very much for your support with this. We are committed to ensuring that all children in the school have a quality learning experience in PE and School Sports.