



## Knowledge Organiser

PSHE—Health & Wellbeing & Living in the Wider world

Year 3/4

Theme: Cause and Effect

Summer Term B - 2024

### Prior core knowledge

#### Year 3

Know about and understand the function of different food groups for a balanced diet.

Know how to work collaboratively towards a shared goal.

#### Year 4

Know the rules for keeping safe online and how to recognise risks and how to report them.

Know and make informed choices, and know they have positive, negative and neutral outcomes.



### Core knowledge for this unit

**What food groups should a healthy meal contain?**

*All of the food groups- carbohydrates, protein, fruit and vegetables, dairy and fats and sugars in moderation.*

**How can you keep safe online?**

*Don't give out personal information, don't talk to strangers online and report unwanted behaviour or content that makes you feel uncomfortable.*

**What is the age restriction for most common social networking sites?**

*13 years old*

**What is a digital footprint?**

*Information about a person that exists on the internet as a result of their online activity.*

**Name one online and one offline way to report a concern.**

*Online- use the report settings on the software app.*

*Offline- talk to a trusted adult.*

**Who can keep your money safe?**

*A bank, a trusted adult or you. .*

**How can you plan financially for your future?**

*Start saving and spend responsibly.*



### Vocabulary

<b>Currency/Currencies</b>	A system of money in a particular country.
<b>Digital footprint</b>	A trail of data that you leave behind online-Information about a person that exists on the internet as a result of their online activity.
<b>Finance</b>	The management or looking after of money.
<b>Ingredients</b>	Any of the foods or substances that are combined to make a particular dish.
<b>Age restriction</b>	The oldest or youngest age at which you are allowed to do something.
<b>Allowance</b>	A set amount of money given to someone
<b>E-safety</b>	The safe and responsible use of technology.
<b>Social networking</b>	Using apps and online software to communicate with others socially