



## Knowledge Organiser

PSHE

Year 5/6

Theme: Cause and Effect

Spring Term 2023

### What should I already know?

Are all relationships the same? No, what is important is that these relationships are stable, caring and happy and they help you feel secure as you grow up.

Is it always important to respect others? Yes, even when they are very different from yourself, physically, in character, personality or backgrounds.

Do people behave differently on line? It is important to remember that people can behave differently on-line, including pretending to be someone they are not.

Who has control over your body? You do. You have the right to protect your body from inappropriate and unwanted contact.



How can you judge how you are feeling? By the way you are behaving and the emotions you have.

### Application of knowledge

- Children can identify if a touch is negative or positive and know ways that they can get help if they have concerns.
- Children will be able to discuss why and how relationships change over time, and talk about strategies for dealing with this change.
- Children can present their findings, from carrying out their own research about what marriage is and understand associated vocabulary.
- Children will present their knowledge of mental health issues using ICT. As well as, being able to discuss ways to support yourself and others have a positive mental wellbeing.
- Through drama children show they understand the importance of anonymity online and how to keep themselves safe if they notice a problem online.
- Through discussion, children understand reason why divorce or separation may happen and know ways in which they can help others who may be experiencing these emotions.

### What I will know by the end of this topic

What is the difference between appropriate and inappropriate touch? Positive/ appropriate touch includes things such as hugging and generally gives you positive feelings and emotions. Whereas, negative touch generally has the opposite feelings and emotions, such as a slap. If touch is appropriate or inappropriate also depends on the situation you are in and the people involved.

How do I recognise and report feelings of being unsafe or feeling bad about any adult? If you feel uncomfortable in a situation then talk to a trusted adult. You can report this to any adult you trust or childline., keep talking until you get the help and support you need.

How do relationships change as a result of growing up? You may find you make new friends due to changes in interests. You may also have more friends in the virtual world. You may also find that you like people in a different way.

What is marriage and what does it mean? Marriage represents a formal and legally recognised commitment of two people, who intent to be lifelong partners.

Is mental wellbeing part of daily life? Yes, it is part of daily life, in the same way that physical health and wellbeing is. It can be effected by a range of things/situations including bullying and cyberbullying.

Do the same principles apply to online relationships as to face to face relationships? Yes, in all relationships their needs to be respect and consideration towards other. Also, as in all relationships there can be negativity as this can have negative impact on your mental health.

### Vocabulary

<b>Marriage</b>	The legally or formally recognised union of two people as partners in a personal relationship.
<b>Legal</b>	Relating to law.
<b>Commitment</b>	The state or quality of being dedicated to a cause, activity or person.
<b>Appropriate</b>	Suitable or proper in the circumstances
<b>Inappropriate</b>	Not suitable or proper in the circumstances
<b>Physical</b>	Relating to the body as opposed to the mind.
<b>Relationship</b>	The way in which two or more people or things are connected, or the state of being connected.
<b>Mental wellbeing</b>	How a person is coping mentally with things going on around them.
<b>Respect</b>	Due regard for the feelings, wishes, or rights of others.
<b>Anonymous</b>	Not identified by name; of unknown name.
<b>Conflict</b>	A serious disagreement or argument